

FORTLANDS POINT

Weekly Menu





ARRIVAL DAY

WELCOME DRINK

Rum Punch
Variety of Juices

SNACK


Charcuterie Board
Patties
Chocolate Chip Cookies

DINNER

Pumpkin Bisque  
Ribeye Steak
Teriyaki Salmon
Twice Baked Potatoes
Sautéed Asparagus  
Caesar Salad



DESSERT

Jamaican Bread Pudding
Panna Cotta 







DAY 1





BREAKFAST

Assorted Fruits
Eggs Benedict
Bacon
Sliced Avocado
Toast



LUNCH

Jerk Chicken
Jerk Pork
Rice & Peas  
Festival & Bammy
Garden Salad

DINNER

Shrimp or Lobster Bisque
Chicken Cordon Bleu
Pasta with Tomato Sauce  
Grilled Calamari
Garden Salad

SNACK

Tortilla Chips & Salsa  
Vegetables & Ranch Dip

APPETIZER

Hummus & Pita Bread 

DESSERT

Key Lime Pie



DAY 2

BREAKFAST

Fruit Platter
Belgian Waffles
Mackerel Rundown 🌱 🌱
Callaloo 🌱 🌱
Cornmeal Porridge 🌱 🌱



SNACK

Quesadillas

LUNCH

Stewed Oxtail
"Better than KFC" Fried Chicken
Pumpkin Rice 🌱 🌱
Mac & Cheese
Kale Plantain Power Salad 🌱 🌱

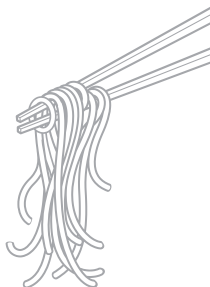


APPETIZER

Calamari & Dip

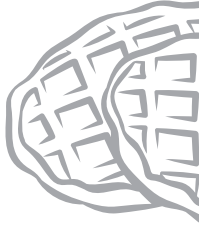
DINNER

Sweet & Sour Chicken
Shrimp in Black Bean Sauce
Vegetable Fried Rice 🌱 🌱
Noodles 🌱
Sesame Orange Salad 🌱 🌱




DESSERT

Brownies & Ice Cream



DAY 3

BREAKFAST

Fruit Plate
Eggs Any Style
Bacon
Salt Fish & Ackee 
Fried Dumpling



SNACK

Guacamole & Chips  

LUNCH

Build-Your-Own Taco Bar



- Grilled Chicken, Beef & Fish
- Lettuce, Tomato, Avocado, Cheese
- Mexican Rice
- Cheese Sauce & Chipotle Sauce



APPETIZER

Bruschetta
Ham & Cheese Pinwheels

DINNER

Grilled Shrimp or Lobster
Alfredo Pasta
Meat/Vegetable Lasagna  
Roasted Vegetables
Garlic Bread
Caprese Salad

DESSERT

Carrot Cake




DAY 4

BREAKFAST

Fruit Smoothies
French Toast
Bacon
Baked Beans + Sausage



SNACK

Curried Conch + Fried Bammy 

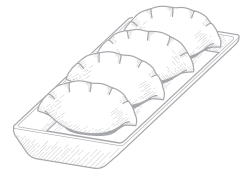
LUNCH

Gourmet Hamburgers
Honey Garlic Chicken Wings
French Fries
Coleslaw



APPETIZER

Vegetable/Shrimp Gyoza



DINNER

Teriyaki Chicken
Shrimp Tempura
Vegetable Fried Rice
Asian Slaw Salad



DESSERT

Bread Pudding





DAY 5

BREAKFAST

Fruit Platter
Live Omelet Station
Yoghurt Parfait
Assorted French Pastries

SNACK

Saltfish Fritters & Dip Sauce

LUNCH

Fresh Fish Fillet 🌱
Crispy Coconut Shrimp
Pasta Salad
Watermelon Salad
Roasted Corn



APPETIZER

Spinach & Artichoke Dip

DINNER

Roasted Tomato Soup 🌱 🌱
Herb Roasted Chicken 🌱
Scalloped Potatoes
Grilled Vegetables 🌱 🌱
Kale & Quinoa Salad 🌱 🌱

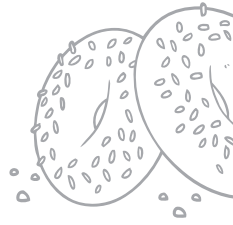


DESSERT

Chocolate Lava Cakes

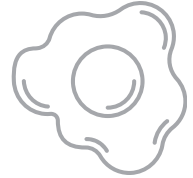


DAY 6



BREAKFAST

Eggs Any Style
Pancake Station
Bacon
Bagel & Cream Cheese



SNACK

Smoked Salmon & Cucumber 

LUNCH

Chicken Kebabs
Shrimp Kebabs
Potato Wedges  
Tzatziki
Greek Chickpea Salad

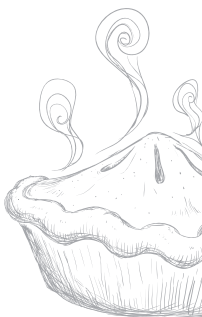


APPETIZER

Calamari & Dip

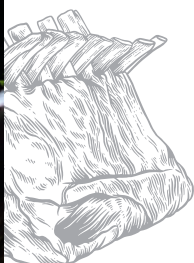
DINNER

Grilled Lamb Chops
Grilled Snapper
Brown Wild Rice  
Roasted Vegetables  
Grilled Asparagus  
Mint Jelly



DESSERT

Apple Pie & Ice Cream
Miniature Rum Cakes



DAY 7


BREAKFAST

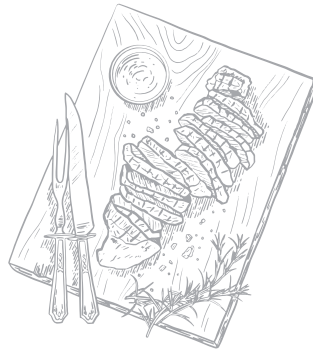
Fruit Platter

Banana Bread & Muffins

Eggs Any Style

Hash Browns  

Grilled Tomatoes  



SNACK

Marlin Dip & Chips

LUNCH

BBQ Ribs

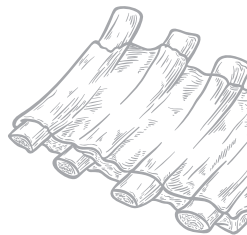
Peppered Shrimp 

Escovetich Fish

Bammy & Festival

Corn Bread

Caesar Salad



APPETIZER

Curried Ackee Dip & Chips  

DINNER

Pepper Pot Soup  

Grilled Lobster (seasonal) 

Grilled Beef Tenderloin 

Sautéed Mushroom & Onion  

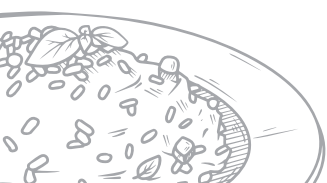
Mushroom Risotto



DESSERT

Strawberry Cheesecake

Chocolate Mousse




KIDS MENU

BREAKFAST

Pancakes with fruit topping 
Scrambled Eggs
Yoghurt Parfait
French Toast Sticks
Oatmeal 
Mini Egg Muffins

LUNCH

Grilled Cheese with Tomato Soup
Chicken Nuggets & Sweet Potato Fries
Mini Pizzas
Pasta with Marinara Sauce 
Turkey & Cheese Roll-Ups
Chicken & Cheese Quesadilla

DINNER

Baked Chicken Tenders & Mashed Potato
Fish Sticks with Rice & Broccoli
Sliders & Sweet Potato Fries
Creamy Mac & Cheese

